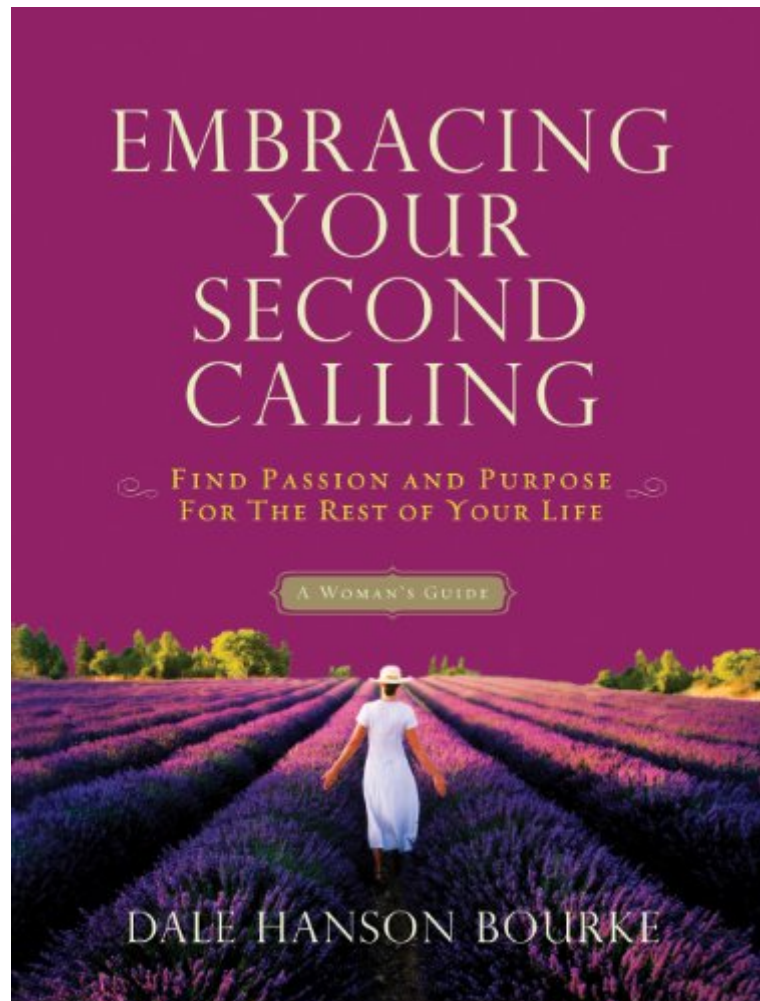


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# Embracing Your Second Calling: Find Passion And Purpose For The Rest Of Your Life



## Synopsis

A woman's guide to the second half of life. Do you ever wonder if the best of life is in the past? Are you longing for more passion and purpose in the second half of your life? Take a deep breath and prepare for a great adventure as Dale Hanson Bourke resoundingly affirms that midlife is a time for reflection but also a time for action. In *Embracing Your Second Calling*, she challenges women to respond to God's call specifically for this season of life and offers practical ideas for finding new meaning. Bourke's vulnerability and story-driven approach offers essential principles and specific suggestions as well as interactive elements including: Questions for reflection and going deeper Ideas on how to become more involved Prayers for wisdom and commitment Action steps for moving forward For women searching for God's purpose and passion in middle age and beyond this book offers an inspirational road map to meaning and adventure.

## Book Information

File Size: 492 KB

Print Length: 240 pages

Simultaneous Device Usage: Up to 5 simultaneous devices, per publisher limits

Publisher: Thomas Nelson; Revised ed. edition (May 2, 2010)

Publication Date: May 2, 2010

Language: English

ASIN: B003TXS02U

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #8,997 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #5 in Kindle Store > Kindle eBooks > Religion & Spirituality > Christian Books & Bibles > Christian Living > Women's Christian Living #43 in Books > Christian Books & Bibles > Christian Living > Women's Issues #1173 in Books > Religion & Spirituality

## Customer Reviews

On my thirtieth birthday, I remember cutting my birthday cake and telling my friends, "I hope my thirties are better than my twenties." My husband glared at me. "Hey, we got married when you were in your twenties!" If I remember correctly, I blew him a kiss, blinked my eyelashes, and gave

him a piece of chocolate cake. My twenties began with an eating disorder, progressed through numerous counseling appointments and medications, continued with a quarter-life identity crisis, secondary infertility and a miscarriage, and ended with postpartum issues after my second daughter's birth. Yes, good things happened: I married my husband, had two beautiful children, received a bachelor's and a master's degree, and rediscovered my passion for writing. Still I had as many disappointments as achievements in my twenties, and I wondered if my next decade--or even the rest of my life, for that matter--would bring more of the same. Had I already achieved everything I was going to achieve in my life? Did God really want me to write the novel I was working on or was that my selfish ambition? Was there some purpose to the pain I went through for ten years? And was God going to give me a purpose for the rest of my life? I approached reviewing *Embracing Your Second Calling* by Dale Hanson Bourke with a bit of hesitation. After all, the book is aimed at middle-aged women and thirty-two isn't quite middle-aged by most people's standards. Still, the subtitle--Find Passion and Purpose for the Rest of Your Life--was enough to make me order the book. I'm glad I did. "Perhaps middle age is, or should be, a period of shedding shells; the shell of ambition, the shell of material accumulations and possessions, the shell of ego.

*Embracing Your Second Calling*, by Dale Hanson Bourke, is a book written to challenge women, in the second half of their life, to become the true person God wants her to be as she transitions from the past into the future. The first half of a woman's life may be filled with building a career or raising children, but the second half of life can be just as exciting and fulfilling as we discover new purpose and passion for the things that God has now called us to. The author challenges women to take what they have learned and done in past and translate it into how God can now use it to minister to others. The second half of a woman's life should be a time of listening to God and becoming the woman He has created you to be. Dale Bourke intertwines the story of Ruth from the Bible to emphasize how God can take someone who thinks their life is over, and transform it into a time with new purpose. The first half of our lives we tend to concentrate on doing. The second half of life, Dale suggests, should be about becoming. Each chapter has some interactive questions/statements for women to consider as they take a journey through this book. Some are questions to "Reflect" upon and others are things to "Act" upon. I think they can be helpful additions to the reading, but found them a little distracting having them in the margins throughout the chapter. I feel they would have been more effective to have them at the end of each chapter as a "put it into practice" section. Overall I think the book could be helpful to women transitioning from a career into this next stage of life, though I had a hard time relating to the "important" things she is now doing with her life

after a successful career.

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